

CRESTLINE SANITATION DISTRICT

MEMORANDUM

DATE: March 14, 2024

TO: BOARD OF DIRECTORS
Crestline Sanitation District

FROM: DAWN GRANTHAM
General Manager

SUBJECT: DRUG INSTITUTIONAL POLICY PARTNERSHIP WITH
RIM FAMILY SERVICES

A. RECOMMENDATION

To approve to assist Rim Family Services in disbursing of their flyers regarding the disposal of expired/unwanted prescription medication.

B REASON FOR RECOMMENDATION

The information provided by Rim Family Services will teach the public not to flush or discard down the drain unwanted prescription medications and provide them with a collection site.

C. OTHER INFORMATION

If approved, the Admin Staff will include the flyers with the bi-monthly billing once the flyers have been provided by Rim Family Services.

D. FISCAL INFORMATION

Staff does not anticipate any extra cost for the disbursement of the flyers, but may require volunteers from Rim Services in the case that the flyers would have to be manually inserted into the envelopes.

E. ATTACHMENTS

Flyer, Documentation, and Presentation

SAFELY DISPOSE UNWANTED OR EXPIRED PRESCRIPTION MEDICATIONS

In an effort to protect the environment and keep prescription drugs out of the hands of our youth, please take advantage of our local prescription drop box.

The Box is available 24/7 inside at the
Twin Peaks Sheriff Station

26010 CA-189, Twin Peaks, CA 92391

&

Monday through Friday 8a.m.-5p.m.

Running Springs Fire Department

31250 Hilltop Blvd, Running Springs, CA 92382



FOLLOW THESE STEPS FOR SAFE DISPOSAL

1

Take unwanted or expired prescription medications and empty them into a sealable plastic bag.

2

DROP the bag of medications in the prescription drop box

3

Remove labels with any personal information from empty prescription containers and recycle them.



**Aerosols, Liquids and Sharps are
NOT accepted at the drop box.**



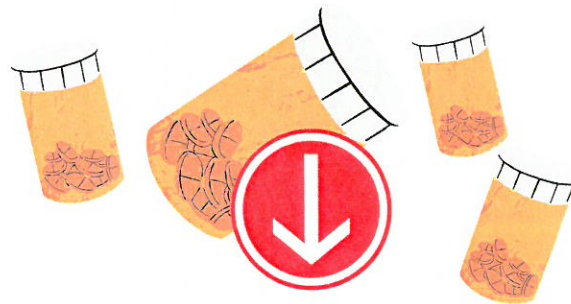
NATIONAL PRESCRIPTION DRUG TAKE BACK DAY

April 27 10 a.m. - 2 p.m.

TURN IN YOUR UNUSED OR EXPIRED
MEDICATIONS AT YOUR LOCAL
PRESCRIPTION DROP BOX

WHY PARTICIPATE?

Using a prescription drop box helps reduce the accessibility of prescription drugs to youth and helps protect the environment.



- 1** Locate your nearest prescription drop box, or contact your local police department, to find a nearby drop box.
- 2** Conceal or remove any sensitive information, such as: Rx number, label and personal information.
- 3** Take unwanted prescriptions to the drop box and dispose of them. Do not include any sharp objects or needles - **drop boxes are exclusively intended for prescription drugs.**



NATIONAL PRESCRIPTION DRUG TAKE BACK DAY

April 27

10 a.m. - 2 p.m.

**TO DISPOSE OF YOUR PRESCRIPTIONS PROPERLY,
CONTACT THE FOLLOWING LOCATIONS:**

Apple Valley Police Department

14931 Dale Evans Prkwy, Apple Valley
Jackie Alban (760) 240-7428

Central Station

655 E. Third St. , San Bernardino
(909) 387-3545

Dept. of Veteran's Affairs Police SVC.

26001 Redlands Blvd. , Redlands
(909) 825-7084

Rancho Cucamonga Police Department

10510 Civic Center Dr. , Rancho Cucamonga
Sharnika Freeman (909) 774-2686

Victor Valley Sheriff's Station

Deputy Pickup For Proper Disposal
(760) 552-6800

Ontario Senior Center

225 E. B St. Ontario, CA 91761
Point of Contact: Tracee
(909)395-2371 TDavis@ontarioca.gov

Barstow Sheriff's Station

225 E. Mountain View St. , Barstow
Socorro Cuevas (760) 256-4838

Chino Hills Police Department

14077 Peyton Dr. , Chino Hills
Sgt. Brian Lopez (909) 364-2000

Highland Pacific Elementary School

3340 Pacific St, Highland CA 92346

Rite Aid

1020 E. Broadway St. , Needles
stacia.shaver@turnbhs.org (760) 326-2944

Victorville Police Department

14200 Amargosa Rd. , Victorville
Tricia Blake (760) 241-2275

Ontario Police Department

2500 S. Archibald Ave. Ontario, CA 91761
Point of Contact: Sabrina Robles
(909)408-1741
Srobles@ontariopolice.org

Cal State University San Bernardino

University Hall (UH)
5500 University Pkwy
San Bernardino, CA 92407
Alejandro Rosas Reyes (909) 423-0312

Colton Police Department

650 N. La Cadena Dr. , Colton
(909) 370-5000

Morongo Basin Sheriff Station

63665 29 Palms Hwy. , Joshua Tree
prevention@we-reachout.org (760) 366-4175

Twin Peaks Sheriff's Station

26010 Hwy 189, Twin Peaks
Lyndsi Solomon (909) 336-0600

Kaiser Ontario

2295 S. Vineyard Ave. Ontario, CA 91761
Point of Contact: Mustafa
(909)275-4129 Mustafa.N.Hijaz@kp.org

Ontario Fire Dept Station 2

544 W Francis St, Ontario, Ca 91762
(909) 395-2002

**TO FIND A DROP BOX NEAR YOU, SCAN THE
QR CODE OR VISIT:
TAKEBACKDAY.DEA.GOV**

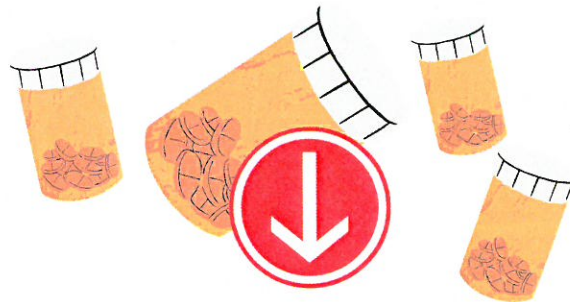


DÍA NACIONAL DE DEVOLUCIÓN DE MEDICAMENTOS RECETADOS El 27 de Abril 10 a.m. - 2 p.m.

¡CAMPAÑA NACIONAL DE RECOLECCION DE
MEDICAMENTOS RECETADOS, VENCIDOS, Y
ABIERTOS!

POR QUE PARTICIPAR?

Es importante deshacerse de los medicamentos recetados cuando ya no se necesitan. Usando una caja segura tambien evita que caigan en manos de personas que no deberían consumirlos.



- 1 Contacta el estación del sheriff para localizar una caja segura para deshacerse de sus medicamentos.
- 2 Quita o borra toda la información de los medicamentos que describe su identidad: nombre, domicilio, y informacion personal.
- 3 Lleva los medicamentos a su participando caja segura. Por favor no incluir jeringas o objetivos afilados - **las cajas seguras de National Take Back Day solamente son para medicamentos.**



INSTITUTE FOR
PUBLIC
STRATEGIES



DÍA NACIONAL DE DEVOLUCIÓN DE MEDICAMENTOS RECETADOS El 27 de Abril 10 a.m. - 2 p.m.

**PARA DISPONER DE SUS RECETAS ADECUADAMENTE,
CONTACTE A LAS SIGUIENTES UBICACIONES:**

Apple Valley Police Department

14931 Dale Evans Prkwy, Apple Valley

Jackie Alban (760) 240-7428

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655 E. Third St., San Bernardino

(909) 387-3545

Dept. of Veteran's Affairs Police SVC.

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544 W Francis St, Ontario, Ca 91762

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**PARA LOCALIZAR UN SITIO PARTICIPATIVO,
ESCANEA EL QR CODE O VISITA:
TAKEBACKDAY.DEA.GOV**





Recommended Dose is Don't

Collaborating on Community Awareness on the
Dangers of Flushing Medications

Who We Are



Rim Family Services is a 501(c)3 nonprofit organization primarily funded by the County of San Bernardino Department of Behavioral Health.

The environmental prevention department focuses on programs and education to limit or prevent access to drugs and/or alcohol.

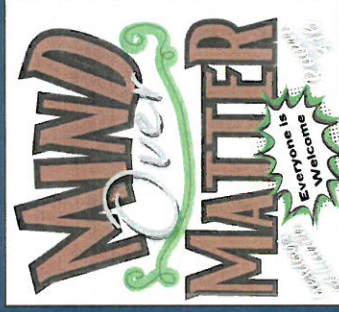
Environmental prevention is based on the public health model of affecting health-related behaviors by addressing communities. This approach emphasizes the broader physical, social, cultural and institutional forces that contribute to the problems within a community.

What We Do

Coalitions & Clubs:

- Rim Communities for Youth Coalition
- Mind over Matter

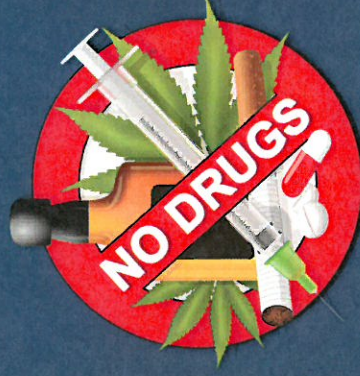
Designated Driver Programs



What We Do (cont'd)

Initiatives:

- Alcohol Prevention
- Marijuana Prevention
- Methamphetamine Prevention
- Opioid Prevention



Strategies:

- Data Collection & Analysis
- Community Organizing
- Policy Development
- Media Advocacy
- Enforcement



Prevention is Moving Mountains

... one program at a time

Rim Prevention MENU OF PROGRAMS



RIM COMMUNITIES FOR YOUTH COALITION

Meets the 2nd Tuesday of every month from 12:00 to 1:00 p.m. online. Email BCFYCoalition@rimfamilyservices.org for login information.



RIM DESIGNATED DRIVER PROGRAM

2 Part Program where the designated driver in your group receives discounts at restaurants and retailers throughout the Rim Communities.
rimfamilyservices.org/designated-driver-program/



PRESCRIPTION TAKE BACK BOX

Discard expired or unwanted prescriptions at the Prescription Take Back Box located at the Twin Peaks Sheriff Station and Running Springs Fire Department.



Influence YOUTH EVENTS

-Game of Skate Competitions -Dances -Movie Nights



AVAILABLE PRESENTATION TOPICS

-Alcohol - Opioids - Marijuana - Other Drugs
-Tobacco and E-Cigarettes - Naloxone Trainings

COMMUNITY PERCEPTION SURVEYS



Contact Jesse Rogers at
jrogers@rimfamilyservices.org
(909) 206-2928

English Spanish

???

So what percentage of unused medications are improperly discarded
by flushing or sewerage?

Sources: National Library of Medicine,
<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC5972255/>

Negative Environmental Impact



- Putting unused medications down the drain or flushing them down the toilet may impact downstream drinking water with chemicals. Many medications cause ecological harm, and our current sewage treatment systems are not completely effective in removing all drugs from waterways. (Source: California Department of Toxic Substances Control, <https://dtsc.ca.gov/pharmaceutical-waste/#affects>)
- ... disposing of a pharmaceutical by flushing the pills or tablets down the toilet can release considerably greater quantities of the biologically active drug into sewer waste water ... The U.S. Geologic Services has reported that PPCPs such as steroids, prescription and nonprescription drugs, antibiotics, hormones, and fragrances have been detected in water samples collected from streams considered susceptible to contamination from various wastewater sources such as those downstream from intense urbanization or livestock. (Source: CA Dept. of Toxic Substances Control Human and Ecological Risk Office, <https://dtsc.ca.gov/pharmaceutical-waste/>)
- Millions of us are flushing unused medications down the toilet and discharging them in our body waste—even though sewage treatment plants and septic systems were never designed to deal with such contaminants. Additional discharges by healthcare facilities exacerbate the problem. As a result, researchers have identified traces of pharmaceutical drugs in the drinking water supplies of some 40 million Americans. (Source: Scientific American, <https://www.scientificamerican.com/article/pharmaceuticals-in-the-water/>)

Negative Environmental Impact (cont'd)

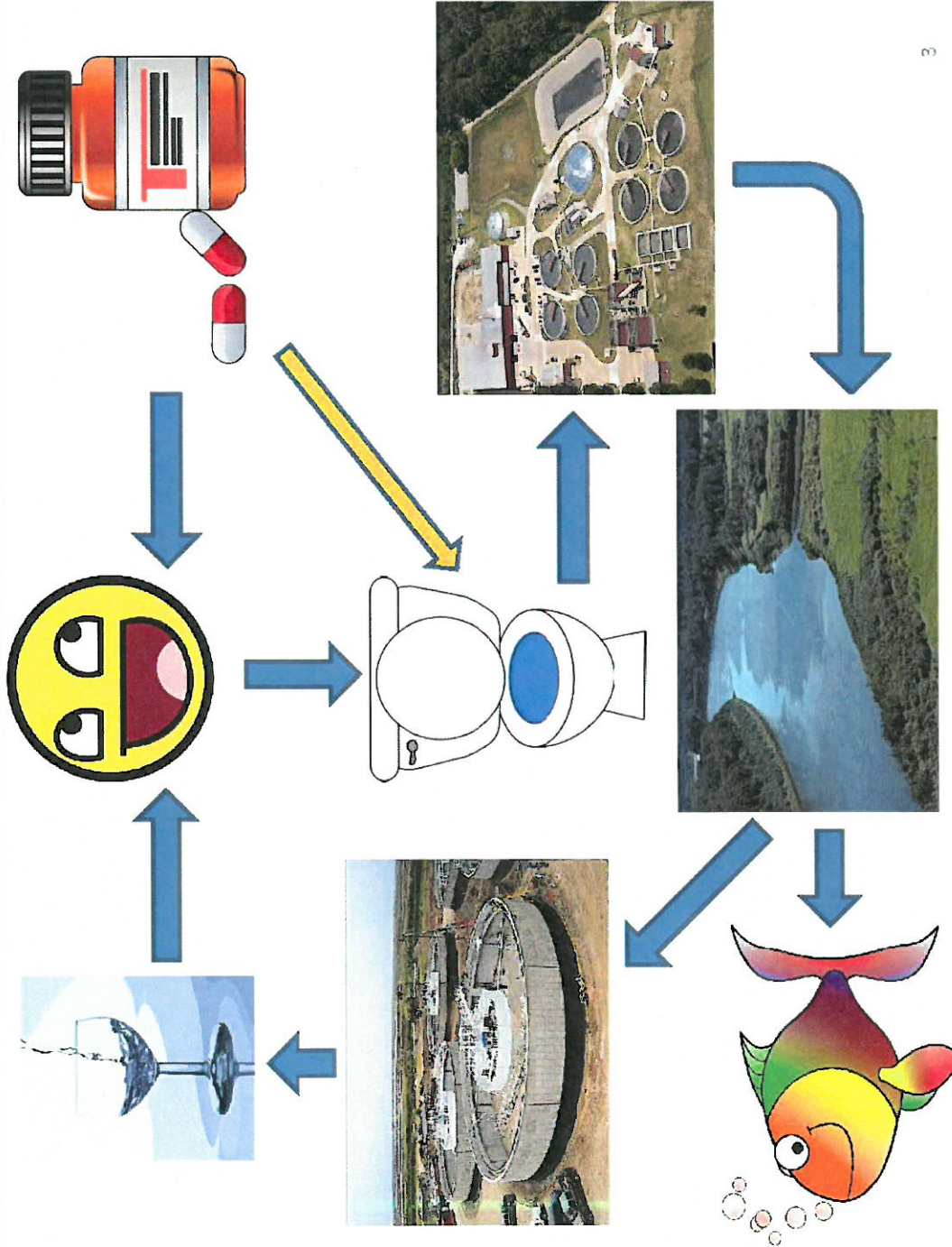


- There is a growing concern about the occurrence of pharmaceuticals in water bodies and in drinking water. Pharmaceuticals get into the water supply via human excretion and by drugs being flushed down the toilet. You might think wastewater treatment plants would take care of the situation, but pharmaceuticals pass through water treatment. (Source: United States Geological Survey, <https://www.usgs.gov/special-topics/water-science-school/science/pharmaceuticals-water>)
- In February of 2019, the Environmental Protection Agency (EPA) released its Final Rule on the **management of hazardous waste pharmaceuticals**. They **wrote**, "this final rule is projected to prevent the flushing of 1,644 to 2,300 tons of hazardous waste pharmaceuticals annually by banning the drain disposal (flushing, sewerage) of hazardous waste pharmaceuticals." (Source: Stericycle/Environmental Protection Agency, <https://www.stericycle.com/en-us/resource-center/info-sheet/the-effects-of-flushing-pharmaceuticals-infograp>)
- Because of the unique chemical nature of many pharmaceuticals, compounds can remain in wastewater throughout the treatment and discharge process and have been detected in ambient rivers and streams throughout the United States. Once in the environment, they can result in detrimental effects on aquatic wildlife. (Source: National Center for Biotechnology Information, <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC4976290/>)



Image from a supplemental slide show to the EPA's water research topic entitled "Pharmaceutical Residues in Municipal Wastewater"

Source: <https://www.epa.gov/water-research/pharmaceutical-residues-municipal-wastewater>



Taking Back the Hazard

25th Annual National Drug Take Back Day Statistics:

California:

Collections Sites - 216
Weight Collected - 27,988 lbs.
All Time - 1,372,361 lbs.

Nationwide:

Collections Sites - 4,675
Weight Collected - 599,897 lbs. (300 tons)
All Time - 17,900,351 lbs. (8,950 tons)

25th National Take Back Day

October 28, 2023

DEA NATIONAL **Rx**
TAKEBACK

DRUG ENFORCEMENT
ADMINISTRATION
DIVERSION CONTROL DIVISION



Partner with Institutional Policy

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Rim Family Services would like to propose a partnership to prevent continued water contamination by improper disposal of prescription medications by:

- Including monthly mailers providing information about proper prescription drug disposal and the location of local Prescription Drug Take-Back Boxes
- Ongoing partnership in disseminating the dangers to the environment and our water supply when disposing of prescription medications by flushing them in the toilet



Thank You

For your consideration in partnering with us